

## **INFORMATION ON SUBSTANCE ABUSE & AMNESTY**

Page 2 - DRUG-FREE SCHOOLS & COMMUNITIES ACT

#### **STUDENT-ATHLETES**

All student-athletes must consent to random drug testing for drugs/alcohol before participating in any athletic competition or event. Student athletes also must complete and sign the consent form prior to the first athletic event of the Fall semester. Random drug testing may occur at any time throughout the course of the academic year, or during the period in which athletic events are occurring.

For procedures related to drug testing of SCC student-athletes, please refer to https://s3useast-1.amazonaws.com/sidearm.sites/southeastoc.sidearmsports.com/documents/2023/8/21/SCC\_ Drug Testing Procedures - 2023.pdf

#### **EXCEPTION**

The use and possession of alcoholic beverages may be permitted on college premises or at College-sanctioned activities as follows:

- In limited circumstances approved by the President or designee, and/or
- At activities and events covered by the Class C liquor license currently held by Southeast Community College's Great Plains Culinary Institute.

#### NOTE: SCC guests and visitors suspected of being under the influence of a controlled substance will be asked to leave College property or any officially recognized activity.

Failure to comply will result in law enforcement intervention.

# DRUG & ALCOHOL COUNSELING, TREATMENT AND REHABILITATION<sup>1</sup>

#### COMMUNITY RESOURCES & TREATMENT OPTIONS

Numerous drug and alcohol counseling, treatment and rehabilitation centers are located within the 15-county area served by SCC. These services can provide information and assessment relating to drug and alcohol abuse as well as information about and referral to treatment options. Both inpatient and outpatient providers offer help for the entire family.

#### AREA AGENCIES AND SERVICES

- Blue Valley Behavioral Health serves sixteen counties in Southeast Nebraska. More information about services provided and office locations can be found at <u>https://www.bvbh.net</u> or 402-261-4017. For after-hour emergencies call 1-833.662.4951.
- CenterPointe provides treatment for people suffering from mental health and substance use disorders. More information about services provided can be found at <a href="https://www.centerpointe.org">https://www.centerpointe.org</a> or 402-475-8717. A 24-hour Crisis Line can be reached at 402-475-6695.
- Lutheran Family Services (LFS) provides assistance in identifying and treating abusive and addictive behaviors as well as information, support and coping skills. For more information go to <a href="https://www.onelfs.org/">https://www.onelfs.org/</a> or call Toll Free: 402-342-7038. LFS also operates the <u>Health 360Integrated Care Clinic</u> which integrates mental health, substance use and primary care services to produce the best outcomes for clients. For more information or to schedule an appointment call 402-441-6642.

These agencies can also provide schedules for local and area meetings of Alcoholics Anonymous, Narcotics Anonymous, Al-Anon, Adult Children of Alcoholics and Al-Atot.

### SERVICES AVAILABLE THROUGH SCC

The SCC Counseling Assistance Program (CAPS) provides students with access to counseling and referrals free of charge through a partnership with masters-level counseling students from area universities. Additional information is available at each campus' Dean of Students Office (https://www.southeast.edu/current-students/caps-additional-information.php).

The **College Behavioral Profile** (CBP) is a web-based brief intervention program designed to reduce high-risk drinking, marijuana use and related harms among college students. The CBP can also reinforce low-risk behaviors and reaffirm those who choose to abstain from alcohol and marijuana use. The CBP utilizes personalized normative feedback and brief motivational intervention (BMI) to offer students information about their alcohol and marijuana use including risks, expectancies, perceptions of social norms, along with options for reducing problems and consequences that may be related to their use. The CBP may be used by college personnel as a standalone program for students identified as at risk for alcohol or marijuana related dependency or in tandem with programs such as BASICS and CHOICES.

**Continuum EAP** is available at no cost to full-time SCC employees. Counseling assistance is available via face-to-face meetings,0 0 10ROUGH SCC

## **HEALTH RISK CHART**

Information may be found at https://www.drugabuse.gov/drugs-abuse/commonly-abused-drugs-charts.

Drug Type	Common/ Street Name	Health Risks	
Alcohol	Booze, beer, wine, coolers, liquor	High blood pressure, higher risk of sexually transmitted diseases & unplanned pregnancy, depression, lowered resistance to disease, insomnia	
Marijuana	Grass, reefer, pot, weed	Slowed reaction time; problems with learning and memory; hallucina- tions; anxiety: panic attacks; psychosis; problems with balance and coor- dination; mental health problems, chronic cough, frequent respiratory infections	
Over-the-counter Cough/Cold Medicines (Dextro-methorphan or DMX)	Robotripping, Robo, Triple C	infections Rasemp.12 0 0 6.8 124.4437 531.45439 (a0 04m21007 Tc 6.12 0 0 6.8 161.29 479) Ratemp.25010(4)(1) a0 (410 (140 (140 (140 (140 (140 (140 (14	l Tm <b>(</b> S4) 97( <b>(solegi,)</b> 1 on; .12

#### If you need assistance or know someone who does, there is help.

## SCC RESOURCES & PERSONNEL

Counseling Assistance Program for St	tudents (CAPS)	402-228-8135 Ext. 1135	
Director of Student Development & E	ngagement		
Beatrice Residence Life			
Lincoln Dean of Students			
Milford Residence Life			
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#### 2023-2024 SCC Board of Governors

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**Equal Opportunity/NonDiscrimination Policy** - It is the policy of Southeast Community College to provide equal opportunity and nondiscrimination in all admission, attendance, and employment matters to all persons without regard to race, color, religion, sex\*, age, marital status, national origin, ethnicity, veteran status, sexual orientation, disability, or other factors prohibited by law or College policy. Inquiries concerning the application of Southeast Community College's policies on equal opportunity and nondiscrimination should be directed to the Access/Equity/Diversity Office, 301 S. 68th Street Place, Lincoln, NE 68510, 402-323-589, FAX 402-323-3420, pr equity@southeast.edu. \*The U.S. Department of Education's Office for Civil Rights enforces Title IX's prohibition on discrimination on the basis of sex to also include discrimination based on gender identity.

Declaración de política sobre equidad/antidiscriminación - La política de Jublica de Southeast Community College es de proveer equidad, y prohíbe discriminación, en todos asuntos referentes a la admisión, participación, y empleo contra toda persona por motivo de raza, color, religión, sexo\*, edad, estado cirili origen nacional, etnia, condición de veterano, orientación sexual, incapacidad, u otros factores prohibidos por ley o política del Colegio. Preguntas relacionadas a japolítica sobre equidad/antidiscriminación de Southeast Community College deben dirigirse a: Access/Equity/Diversity Office, 301 S 68 Street Place, Lincoln, NE 68510, 402-323-5589, FAX 402-323-3420, o equity@southeast.edu. \*La Officina de Derechos Civiles del Departamento de Educación de los Estados Unidos hace cumplir la prohibición del Tixilo IX contra discriminación por motivos de sexo, que también incluye la discriminación basada en la identidad de genero.